Glow Tag

Directions: Follow the instructions below to play glow tag with your friends in the dark.

Step 1

Grab a light up ball and a group of friends to begin the game. Go outside when it gets dark outside or with parent permission you can play inside with the lights off.



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Step 2

Make one person the "it" player by giving them the light up ball. Then on the count of five all the rest of the players must run away from the "it" player

Step 3

The "it" player must run after the other players and try to hit them with the light up ball. If you miss the player you are still "it". If you hit another player they then become the next player "it".

Step 4

Add a twist to the game by using the dark as a strategy. You can try and hide from the person "it" and if they don't see you in the dark then you will stay safe from getting hit. Continue playing and add more rules to the game to make it more complex. Play nice and have FUN!